

**PERBEDAAN *SELF REGULATED LEARNING* ANTARA SISWA
BOARDING SCHOOL DAN SISWA *NON BOARDING SCHOOL*
DI MAN 1 SURAKARTA**

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INTISARI

Self Regulated Learning (SRL) adalah kemampuan yang dimiliki siswa dalam mengatur strategi dalam proses belajar, memiliki keyakinan dengan dirinya, dan mampu mengontrol lingkungan agar mendukung proses belajarnya dan mencapai tujuan pembelajaran yang ingin dicapainya. Siswa diharapkan memiliki *self regulated learning* yang baik, namun lingkungan sekolah juga memiliki peran penting dalam proses pembelajaran siswa. Proses belajar yang dilakukan tidak lepas dari program pendidikan atau pelayanan pendidikan yang diberikan lembaga pendidikan kepada semua siswa *boarding school* maupun siswa *non boarding school* di MAN 1 Surakarata.

Penelitian ini bertujuan untuk mengetahui apakah ada perbedaan *self regulated learning* siswa *boarding school* dan siswa *non boarding school* di MAN 1 Surakarta. Teknik pengambilan sampel dalam penelitian ini adalah dengan teknik *cluster sampling*. Subjek dalam penelitian ini terdiri dari 62 siswa *boarding school* dan 68 siswa *non boarding school*. Penelitian ini menggunakan alat ukur berupa skala *self regulated learning*. Hipotesis yang diajukan yaitu adanya perbedaan antara siswa *boarding school* dan siswa *non boarding school*.

Metode analisis data yang digunakan dalam penelitian ini adalah metode *Independent Sample T-Test* dengan bantuan *SPSS 23.0 for widows release* dan diperoleh nilai signifikansi sebesar 0,29 nilai $p > 0,05$ Hal tersebut membuktikan hipotesis dalam penelitian ini ditolak, yang artinya tidak ada perbedaan signifikan *self regulated learning* antara siswa *boarding school* dan siswa *non boarding school*. Hal tersebut dipengaruhi oleh adanya program *full day* dan keterlibatan orang tua di sekolah.

Kata kunci : *Self Regulated Learning, Siswa Boarding School, Siswa Non Boarding School*

SELF-REGULATED LEARNING DIFFERENCE BETWEEN BOARDING SCHOOL STUDENTS AND NON BOARDING SCHOOL STUDENTS IN MAN 1 SURAKARTA

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ABSTRACT

Self-Regulated Learning (SRL) is the ability that students have in managing strategies in the learning process, having confidence in themselves, and being able to control the environment in order to support the learning process and achieve the learning goals that they want to get. Students are expected to have good self-regulated learning, but the school environment also has an important role in the learning process of students. The learning process carried out is inseparable from educational programs or educational services provided by educational institutions to all boarding school students and non-boarding school students at MAN 1 Surakarata.

This study aims to determine whether there are differences in self-regulated learning of boarding school students and non-boarding school students in MAN 1 Surakarta. The sampling technique in this study was a cluster sampling. The subjects in this study consisted of 62 boarding school students and 68 non-boarding school students. This study uses a measuring instrument in the form of a scale, which is the scale of self-regulated learning. The hypothesis proposed is the difference between boarding school students and non-boarding school students.

The data analysis method used in this study was the Independent Sample T-Test method with the help of SPSS 23.0 for widows release and obtained a significance value of 0,29 with $p > 0,05$. This proved that the hypothesis of this study was rejected. Wich means there is no significant difference in self-regulated learning between boarding school students and non-boarding school students. This is influenced by the exis tence of a full day program and the involvement of parents in school.

Keywords: *Self-Regulated Learning, Boarding School Students, Non-Boarding School Students*