

ABSTRAK

RINA MEGAWANTI, 2022, TINGKAT KEPATUHAN MINUM OBAT PASIEN GAGAL JANTUNG DI APOTEK ASIA BARU MAGETAN, KARYA TULIS ILMIAH, PROGRAM STUDI D-III FARMASI, FAKULTAS FARMASI, UNIVERSITAS SETIA BUDI. Dibimbing oleh Apt. Drs.Partana Boedirahardja, SH., MPH.

Penyakit jantung adalah suatu keadaan dimana jantung tidak dapat melaksanakan fungsinya dengan baik, sehingga kerja jantung sebagai pemompa darah dan oksigen ke seluruh tubuh terganggu. Tingkat kepatuhan minum obat pada pasien jantung merupakan hal paling utama untuk menekan tingkat kekambuhan pada pasien jantung. Tujuan penelitian ini yaitu untuk mengetahui tingkat kepatuhan minum obat pasien jantung di Apotek Asia Baru Magetan.

Sampel diambil menggunakan teknik purposive sampling, metode pengambilan data dengan kuesioner Morisky Medication Adherence Scale 8 items (MMAS-8) yang berisi pertanyaan kepatuhan minum obat data diolah menggunakan aplikasi Excel dan SPSS.

Hasil penelitian pada penderita jantung di Apotek Asia Baru Magetan paling banyak dengan tingkat kepatuhan sedang dalam minum obat jantung sebanyak 26 responden (40,6%). Namun tingkat kepatuhan rendah lebih banyak daripada kepatuhan tinggi yaitu pasien dengan tingkat kepatuhan rendah dalam minum obat jantung sebanyak 20 responden (31,3%) dan tingkat kepatuhan tinggi dalam minum obat jantung sebanyak 18 responden (28,1%).

Kata Kunci: Jantung, Penyakit Jantung, Kepatuhan Minum Obat.

ABSTRACT

RINA MEGAWANTI, 2022, LEVEL OF COMPLIANCE WITH HEART FAILURE PATIENTS AT A PHARMACEUTICAL NEW ASIA MAGETAN, SCIENTIFIC WRITING, D-III PHARMACEUTICAL STUDY PROGRAM, FACULTY OF PHARMACEUTICAL, SETIA BUDI UNIVERSITY. Supervised by Apt. Drs. Partana Boedirahardja, SH., MPH.

Heart disease is a condition in which the heart cannot carry out its functions properly, so that the work of the heart as a pumping blood and oxygen throughout the body is disrupted. The level of adherence to taking medication in heart patients is the most important thing to reduce the recurrence rate in heart patients. The purpose of this study was to determine the level of adherence to taking medication for heart patients at Apotek Asia Baru Magetan.

The sample was taken using a purposive sampling technique, the data collection method was the Morisky Medication Adherence Scale 8 items (MMAS-8) questionnaire which contained questions about medication adherence and the data were processed using Excel and SPSS applications.

The results of the study on heart patients at Apotek Asia Baru Magetan were the most with moderate levels of adherence in taking heart medication as many as 26 respondents (40.6%). However, the level of low adherence was more than high compliance, namely patients with low adherence levels in taking heart medication as many as 20 respondents (31.3%) and high adherence levels in taking heart medication as many as 18 respondents (28.1%).

Keywords: Heart, Heart Disease, Compliance with Medication.