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Lampiran 1. Kuesioner Penelitian



KUESIONER PENELITIAN

Yth. Bp/Ibu/Sdr. Responden

Saya yang sedang melakukan penelitian skripsi dengan judul: *Pengaruh Stres Persepsian Terhadap Emosi Dimediasi Kebosanan Di Masa Pandemi Covid-19*. Saya mengharapkan kesediaan Bp/Ibu/Sdr berpartisipasi dengan cara mengisi kuesioner penelitian dengan jujur. Seluruh informasi akan dijaga kerahasiaannya. Atas kesediaannya diucapkan terima kasih.

Salam

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BIODATA RESPONDEN

Mohon memberikan tanda (v) pada pilihan di bawah ini.

Nama : (boleh tidak diisi)

Jenis Kelamin : Pria Wanita

Usia : 17-25 tahun 68-76 tahun

26-41 tahun 77-94 tahun

42-57 tahun

58-67 tahun

Pekerjaan : Karyawan swasta/pemerintah

Wirausaha

Pensiunan

Lainnya

Pendapatan : ≤Rp. 1.500.000

Rp. 1.500.00-2.500.000

Rp. 2.500.000-3.500.000

>Rp. 3.500.000

Pendidikan Terakhir : SD Sarjana

SMP Pasca Sarjana

SMA Lainnya

PETUNJUK MENJAWAB

Berikan centang (v) pada pilihan tanggapan sesuai pendapat anda

SS = Sangat Setuju

S = Setuju

CS = Cukup Setuju

TS = Tidak Setuju

STS = Sangat Tidak Setuju

KUESIONER PENELITIAN

No	Pertanyaan	SS	S	CS	TS	STS
SP1	Jam tidur saya tidak teratur saat pandemic covid					
SP2	Saya merasa lebih sensitive saat pandemic covid					
SP3	Saya minum obat ketika pusing saat pandemic covid					
K1	Saya jarang berktivitas saat pandemic covid					
K2	Saya merasa tidak fokus saat pandemic covid					
K3	Saya merasa tidak nyaman saat pandemic covid					
K4	Saya jarang berinteraksi dengan orang lain saat pandemic covid					
E1	Saya merasa cemas saat pandemic covid					
E2	Saya merasa khawatir saat pandemic covid					
E3	Saya merasa takut saat pandemic covid					

Lampiran 2. Uji Validitas Kuesioner

KMO and Bartlett's Test

Kaiser-Meyer-Olkin Measure of Sampling Adequacy.		.686
Bartlett's Test of Sphericity	Approx. Chi-Square	310.587
	df	45
	Sig.	.000

Rotated Component Matrix^a

	Component		
	1	2	3
SP1	.943		
SP2	.965		
SP3	.972		
K1		.807	
K2		.815	
K3		.902	
K4		.869	
E1			.836
E2			.735
E3			.771

Extraction Method: Principal Component Analysis.

Rotation Method: Varimax with Kaiser Normalization.

a. Rotation converged in 4 iterations.

Lampiran 3. Uji Reliabilitas Kuesioner

1. Reliabilitas Variabel Stress Persepsian

➔ Reliability

[DataSet0]

Scale: ALL VARIABLES

Case Processing Summary

		N	%
Cases	Valid	40	100.0
	Excluded ^a	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.973	3

Item Statistics

	Mean	Std. Deviation	N
SP1	4.33	.859	40
SP2	4.35	.893	40
SP3	4.40	.841	40

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
SP1	8.75	2.962	.906	.984
SP2	8.73	2.769	.947	.956
SP3	8.68	2.892	.971	.938

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
13.08	6.379	2.526	3

2. Reliabilitas Variabel Kebosanan

Reliability

[DataSet0]

Scale: ALL VARIABLES**Case Processing Summary**

		N	%
Cases	Valid	40	100.0
	Excluded ^a	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.882	4

Item Statistics

	Mean	Std. Deviation	N
K1	4.30	.758	40
K2	4.25	.809	40
K3	4.40	.778	40
K4	4.55	.815	40

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
K1	13.20	4.421	.750	.847
K2	13.25	4.397	.688	.871
K3	13.10	4.195	.811	.823
K4	12.95	4.254	.734	.854

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
17.50	7.385	2.717	4

3. Reliabilitas Variabel Emosi

Reliability

[DataSet0]

Scale: ALL VARIABLES**Case Processing Summary**

		N	%
Cases	Valid	40	100.0
	Excluded ^a	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.683	3

Item Statistics

	Mean	Std. Deviation	N
E1	3.93	.997	40
E2	3.55	1.131	40
E3	4.05	1.011	40

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
E1	7.60	3.015	.589	.473
E2	7.97	3.204	.387	.741
E3	7.47	3.128	.531	.546

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
11.52	6.051	2.460	3

Lampiran 4. Uji Analisis Regresi dan Variabel Mediator

1. SP>E

➔ Regression

[DataSet0]

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Stres_persepsian ^b		Enter

a. Dependent Variable: Tekanan_emosi

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.648 ^a	.420	.414	.50779

a. Predictors: (Constant), Stres_persepsian

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	18.307	1	18.307	70.997	.000 ^b
	Residual	25.270	98	.258		
	Total	43.577	99			

a. Dependent Variable: Tekanan_emosi

b. Predictors: (Constant), Stres_persepsian

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	1.929	.267		7.230	.000
	Stres_persepsian	.538	.064	.648	8.426	.000

a. Dependent Variable: Tekanan_emosi

2. SP>K

Regression

[DataSet0]

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Stres_persepsian ^b		Enter

a. Dependent Variable: Kebosanan

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.900 ^a	.810	.808	.30235

a. Predictors: (Constant), Stres_persepsian

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	38.173	1	38.173	417.582	.000 ^b
	Residual	8.959	98	.091		
	Total	47.132	99			

a. Dependent Variable: Kebosanan

b. Predictors: (Constant), Stres_persepsian

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	.949	.159		5.975	.000
	Stres_persepsian	.777	.038	.900	20.435	.000

a. Dependent Variable: Kebosanan

3. SP&K>E

→ Regression

[DataSet0]

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Kebosanan, Stres_persepsian ^b		Enter

a. Dependent Variable: Tekanan_emosi

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.937 ^a	.878	.875	.23455

a. Predictors: (Constant), Kebosanan, Stres_persepsian

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	38.240	2	19.120	347.563	.000 ^b
	Residual	5.336	97	.055		
	Total	43.577	99			

a. Dependent Variable: Tekanan_emosi

b. Predictors: (Constant), Kebosanan, Stres_persepsian

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	.513	.144		3.566	.001
	Stres_persepsian	-.621	.068	-.748	-9.178	.000
	Kebosanan	1.492	.078	1.551	19.035	.000

a. Dependent Variable: Tekanan_emosi