

INTISARI

KISRUH MINTARSIH., 2019, ANALISIS PENGGUNAAN OBAT ANTI HIPERTENSI DI RSUD MUNTILAN TAHUN 2018, KARYA TULIS ILMIAH, FAKULTAS FARMASI, UNIVERSITAS SETIA BUDI, SURAKARTA.

Hipertensi adalah keadaan dimana seseorang mengalami peningkatan tekanan darah di atas normal yang mengakibatkan angka kesakitan (morbiditas) dan angka kematian (mortalitas).

Hipertensi merupakan akibat utama penyebab stroke, penyakit jantung, penyakit ginjal dan komplikasi yang berkaitan dengan penurunan harapan hidup, sehingga pemberian obat yang tepat dapat menentukan keberhasilan terapi dan menurunkan angka morbiditas dan mortalitas. Tujuan penelitian ini untuk mengetahui gambaran dan ketepatan penggunaan obat antihipertensi yang di diagnosa hipertensi di rawat jalan RSUD Muntilan pada bulan Juli sampai Desember 2018.

Analisi rasionalitas terapi yang dilakukan dalam penelitian ini meliputi tepat indikasi, tepat dosis, tepat obat dan interaksi obat. Jenis dan rancangan penelitian ini adalah penelitian obsevasional dengan pengambilan data secara retrospektif dianalisis data secara deskriptif.

Berdasarkan hasil penelitian dari analisis rasionalitas terapi penggunaan obat antihipertensi pada pasien hipertensi, diperoleh hasil yaitu tepat indikasi 100%, tepat obat 100%, tepat dosis 100%, interaksi obat 52,5%.

Kata kunci: Analisis obat Antihipertensi, Formularium

ABSTRACT

KISRUH MINTARSIH., 2019, ANALYSIS OF THE USE OF ANTI HIPERTENSION IN MUNTILAN HOSPITAL, 2018, SCIENTIFIC PAPERS, FACULTY OF PHARMACY, SETIA BUDI UNIVERSITY, SURAKARTA.

Hypertension is a condition in which a person experiences an increase in blood pressure above normal which results in morbidity and mortality. Hypertensive patients in outpatient Muntilan Hospital Magelang Regency continued to increase. What antihypertensive drugs are used for outpatient Muntilan Hospital Magelang Regency? Is the use of antihypertensive drugs outpatient at Muntilan Hospital in accordance with JNC 8 and Formulary applicable in Muntilan Hospital? This study is a non-experimental study with descriptive analytical methods and retrospective data collection using data on medical records of outpatients in Muntilan Hospital.

Hypertension is a result of the major cause of stroke, heart disease, kidney disease and complications associated with a decrease in life expectancy, thus granting the right medicine can determine the success of therapy and decrease the number of morbidity and mortality. The purpose of this research is to know the description and appropriateness of the use of the anti-hypertension in the diagnosis of hypertension in outpatient HOSPITALS Muntilan in July until December 2018.

Analysis of the rationality of therapy is done in this research include precise indications, the right dose of the right drug, and drug interactions. The type and design of the research is the research of observational with data retrieval in retrospective descriptive data are analyzed.

Based on the results of the analysis of rationality of therapeutic drug use anti-hypertension in patients of hypertension, obtained results that is exactly 100%, an indication of the right drug, right dose 100% 100%, 52.5% drug interactions.

Keywords: *Analytical anti-hypertension drug, Formularium*