

INTISARI

Alamsyah, F.S. 2022. Gambaran Kadar Hemoglobin Pada Petugas Satuan Pengamanan (SATPAM) Di Kota Surakarta.”Karya Tulis Ilmiah” Program Studi D3 Analis Kesehatan, Fakultas Ilmu Kesehatan Universitas Setia Budi.

Petugas Satuan Pengamanan (SATPAM) adalah karyawan yang selalu berperan aktif dalam menjaga keamanan dan kenyamanan ditempat kerja perusahaan maupun organisasi. Dalam meningkatkan suatu produktivitas suatu perusahaan petugas satuan pengamanan diadakan sistem shift kerja. Hal ini menimbulkan penurunan dan peningkatan kadar hemoglobin yang tidak teratur karena ketidakseimbangan proses metabolisme sel darah merah dalam tubuh.

Penelitian ini dilakukan dengan cara pengambilan 30 responden petugas satuan pengamanan (SATPAM) di Kota Surakarta. Waktu penelitian pada tanggal 21 – 24 Juni 2022 dilakukan di UPT Laboratorium Kesehatan Daerah Surakarta. Penetapan kadar hemoglobin menggunakan metode *analyzer*. Jenis penelitian ini deskriptif analitik dengan teknik sampling *Purposive Sampling*.

Berdasarkan penelitian tentang gambaran kadar hemoglobin pada petugas satuan pengamanan (SATPAM) didapatkan hasil kadar hemoglobin kurang dari normal sebanyak 9 petugas (30%), kadar hemoglobin normal pada petugas satuan pengamanan (SATPAM) sebanyak 18 petugas (60%), dan kadar hemoglobin lebih dari normal sebanyak 3 petugas (10%). Petugas satuan pengamanan (SATPAM) diharapkan selalu menjaga kualitas asupan makanan agar mempertahankan kadar hemoglobin normal dalam tubuh.

Kata Kunci : Petugas Satuan Pengamanan (SATPAM), Kadar Hemoglobin

ABSTRACT

Alamsyah, F.S. 2022. Overview of Hemoglobin Levels in Security Unit Officers (SATPAM) in Surakarta City. "Scientific Papers" D3 Health Analyst Study Program, Faculty of Health Sciences, Setia Budi University.

Security Unit Officers (SATPAM) are employees who always play an active role in maintaining security and comfort in the workplace of the company or organization. In increasing a company's productivity security unit officers held a work shift system. This causes a decrease and increase in irregular hemoglobin levels due to an imbalance in the metabolic processes of red blood cells in the body.

This research was conducted by taking 30 respondents of security unit officers (SATPAM) in Surakarta City. The time of the research on 21 – 24 June 2022 was carried out at the Surakarta Regional Health Laboratory UPT. Determination of hemoglobin levels using analyzer method. This type of research is descriptive analytic with purposive sampling technique.

Based on research on the description of hemoglobin levels in security unit officers (SATPAM) it was found that hemoglobin levels were less than normal as many as 9 officers (30%), normal hemoglobin levels in security unit officers (SATPAM) were 18 officers (60%), and hemoglobin levels were more than normal as many as 3 officers (10%). Security unit officers (SATPAM) are expected to always maintain the quality of food intake in order to maintain normal hemoglobin levels in the body.

Keywords: Security Unit Officer (SATPAM), Hemoglobin Level